

POST OPERATIVE INSTRUCTIONS FOR EYE SURGERY PATIENTS  
FIRST 24 HOURS

- Go Home and relax, do only essential activities, you may watch TV
- \_\_\_\_\_ is the responsible person who will be with you for the next 24 hours.
- MOVE** about **CAUTIOUSLY**. After having your eye operated on, your judgment and depth perception will be off and your **VISION WILL BE BLURRED**. Your eye may be red, have a **SCRATCHY SENSATION** with **INCREASED TEARING**, and there may be spots before your eyes with colored variations. **THIS IS NORMAL**.
- Resume your normal diet and **ALL REGULAR MEDICATIONS AND BLOOD THINNERS**.
- AVOID ALCOHOLIC BEVERAGES**.
- Sleep with your head slightly elevated on a pillow.
- Do not strain or lift anything heavier than 20 pounds.
- Do not drive until the Doctor says you may.
- You may take Extra Strength Tylenol, one or two tablets every four hours, if you experience discomfort.
- If you have **NAUSEA, VOMITING**, or if your **PAIN IS NOT RELIEVED BY TYLENOL, PLEASE CALL ME**.
- Use the following medications:

**WAIT (5) five to (10) ten minutes between each drop.**

\_\_\_\_\_ **(Pink Cap) (1) one drop in right eye / left eye (4) times a day**  
\_\_\_\_\_ **(Tan Cap) (1) one drop in right eye/left eye (4) times a day**  
\_\_\_\_\_ **(Gray Top) (1) one drop in right eye / left eye (3) times a day**

- PLEASE BRING YOUR SURGICAL KIT TO ALL APPOINTMENTS.**
- Additional instructions: \_\_\_\_\_
- Your next appointment is scheduled at \_\_\_\_\_ (office) on \_\_\_\_\_ at \_\_\_\_\_ AM / PM.
- Your doctor would like to see you tomorrow if there are any problems or concern regarding your eye. **(Call early.)**
- If you have a problem or an EMERGENCY develops call me during the day or night at: (863) 294-5457 or (800) 683-1763.

I have received and understand both written and verbal postoperative instructions.

\_\_\_\_\_  
Patient and Witness (Legal Guardian / Family Member / Caregiver)

\_\_\_\_\_  
Date

\_\_\_\_\_  
RN / OA / COA / COT / COMT Signature